## **INFORMATION ABOUT CHOOSING A SPONSOR**

If you have not done so already, please prayerfully consider the criteria below and then ask a practicing Catholic family member or friend to be your sponsor:

- A sponsor should be at least sixteen years of age and a fully initiated Catholic who has celebrated Baptism, Eucharist, and Confirmation.
- A sponsor may not be the parents of the candidate; preference is given to the candidate's Godparents, who most fully express the integral connection between Baptism and Confirmation.
- Sponsors who are not members of the parish should provide a letter from their pastor attesting to their suitability to serve as sponsor.
- A sponsor is someone who practices his/her faith and is living according to the teachings of the Catholic Church.
- A sponsor supports the person to be confirmed in their commitment to the Christian life.
- A sponsor must know the candidate and be willing to serve as a strong and long-lasting Christian influence on the candidate.
- A sponsor is reasonably informed on current church teachings and sufficiently mature in their own faith commitment.
- The sponsor presents the candidate to Most Reverend Bishop Salvatore Matano at the celebration of Confirmation.

